

# Reading Lists

Below are some recommended books by category. You are encouraged to make your own reading list categories and edit the categories below.

All wanderers must find and assimilate new information at all chapters in life. A diversity of information mediums is recommended. This is the information assimilation tenet.

The links give us a small commission that allows us to further support the Andreia Philosophy. If this bothers you, remove them.

## How to get books

You can buy books through Amazon, although it is better to buy books from a local business to support your community. Used books are just as valuable, if not more, than new books.

You can get books from the library. If you don't have the money for books, the library is the best place to go. If your library does not have the book you want, you can request an interlibrary loan from your local librarian.

You can always reach out to the author/publisher directly to request a low-cost or complimentary copy.

## Sponsored book offers:

- [Kindle unlimited free trial](#)
- [Audible free trial](#)

Add books you want to read into their proper categories. You can also add your favorite books to your reading list.

Aim to assimilate a minimum of one book a month, a tenet of the mind domain. That's 60 books every 5 years. This is okay; more learning is better.

## Reading Lists

### Bushido Philosophy

- [The Book of Five Rings | Miyamoto Musashi](#)
- [The Unfettered Mind | Takuan Soho](#)
- [Hagakure | Yamamoto Tseunetomo](#)

- [The Hundred Rules of War | Tsukahara Bokuden](#)
- [Bushido The Soul Of Japan | Inazo O. Nitobe](#)
- [The Life-Giving Sword | Yagyu Munenori](#)
- [Budoshoshinshu | Daidoji Yuzan](#)

## **Stoic Philosophy**

- [Meditations | Marcus Aurelius](#)
- [Letters From a Stoic | Seneca](#)
- [On The Tranquility Of The Mind | Seneca](#)
- [On The Shortness of Life | Seneca](#)
- [Lectures And Fragments | Musonius Rufus](#)

## **Body**

- [The New Encyclopedia of Modern Bodybuilding | Arnold Schwarzenegger](#)
- [Sun And Steel | Yukio Mishima](#)
- [Starting Strength | Mark Rippetoe](#)
- [The Westside Barbell Book of Methods | Louie Simmons](#)
- [Bigger Leaner Stronger | Michael Matthews](#)

## **Sexuality**

- [Your Brain on Porn | Gary Wilson](#)
- [The Way of The Superior Man | David Deida](#)
- [Cupid's Poisoned Arrow | Marnia Robinson](#)
- [No More Mr. Nice Guy | Dr Robert Glover](#)

## **Mind**

- [The Basic Laws of Human Stupidity | Carlo M. Cipolla](#)
- [The Art of War | Sun Tzu](#)
- [Amusing Ourselves to Death | Neil Postman](#)
- [Thinking, Fast and Slow | Daniel Kahneman](#)
- [Antifragile | Nassim Nicholas Taleb](#)

## **Finance**

- [Learn to Earn | Peter Lynch](#) (The Capitalist Manifesto: How to function in a market system)

- [Poor Charlie's Almanack | Charlie Munger](#)
- [Capital in The 21st Century | Thomas Piketty](#)
- [The Intelligent Investor | Benjamin Graham](#)
- [A Random Walk Down Wall Street | Burton Malkiel](#)
- [The Millionaire Next Door | Thomas J Stanley](#)

## Business

- [The Lean Startup | Eric Ries](#)
- [Zero to One | Peter Thiel](#)
- [Ogilvy on Advertising | David Ogilvy](#)
- [The Personal MBA | Josh Kaufman](#)
- [The E-Myth Revisited | Michael E Gerber](#)
- [High Output Management | Andrew S. Grove](#)

## History

- [The Histories | Herodotus](#)
- [The Decline And Fall of The Roman Empire | Edward Gibbon](#)
- [The Second World War Book 1 | Winston Churchill](#)
- [The Rise And Fall of The Third Reich | William L. Shirer](#)
- [Guns, Germs, And Steel | Jared Diamond](#)
- [A Short History of Nearly Everything | Bill Bryson](#)
- [A People's History of The United States | Howard Zinn](#)

## Spirit

- [Man's Search For Meaning | Viktor Frankl](#)
- [The War of Art | Steven Pressfield](#)
- [Thus Spoke Zarathustra | Friedrich Nietzsche](#)
- [The Inner Game of Tennis | W. Timothy Gallwey](#)
- [The Courage to Be Disliked | Ichiro Kishimi & Fumitake Koga](#)

## Fiction

- [Musashi | Eiji Yoshikawa](#)
- [The Lord of The Rings | J.R.R. Tolkien](#)
- [The Alchemist | Paulo Coelho](#)
- [The Old Man And The Sea | Ernest Hemingway](#)

- [Dune | Frank Herbert](#)
  - [Shogun | James Clavell](#)
  - [The Island | Aldous Huxley](#)
  - [The Stand | Stephen King](#)
  - [On The Road | Jack Kerouac](#)
  - [Post Office | Charles Bukowski](#)
  - [The Expanse | James S. A. Corey](#)
  - [Gates of Fire | Steven Pressfield](#)
- 

Revision #3

Created 2025-12-23 19:44:30 UTC by The Andreia Philosophy

Updated 2025-12-23 22:02:03 UTC by The Andreia Philosophy