

Scheduling

Schedule your time so you do not waste your time. Wanderers should spend the majority of their time pursuing mastery on the path. The path is where you find fulfillment.

Unscheduled time easily defaults to leisure time off the path. This is because the unregulated spirit naturally chooses the path of least resistance. Pleasure has no resistance, therefore, no fulfillment.

Wanderers should adhere to the mind domain priority chain tenet: hard things first. Easy things after. No effort last. So everything gets done.

Scheduling time

Wanderers should set the times they are on and off the path at the micro and macro levels. The wanderer should aim to keep these times consistent.

You should set your on and off path hours each day. Example: 8am - 9pm, you are inclined to pursue mastery.

You should set the days and times you are on the path, the days and times you are at The Inn—which should be minimal—and the preparation day weekly primer after a stay at The Inn, where you can get all of your affairs in order, in order to pursue mastery effectively.

You can follow this until the end.

The Eisenhower Matrix

“What is important is seldom urgent and what is urgent is seldom important.” **Dwight D. Eisenhower**

The Eisenhower Matrix was inspired by Dwight D. Eisenhower, who prioritized tasks during World War 2 based on urgency and importance. Stephen Covey listed the matrix in his book [The 7 Habits of Highly Effective People](#).

The four quadrants:

- Quadrant 1 - Urgent & Important
- Quadrant 2 - Important but not urgent
- Quadrant 3 - Urgent but not important
- Quadrant 4 - Not urgent and not important

This philosophy is effective for organizing your actions on the path in wartime and peacetime. The Eisenhower matrix follows the mind domain priority chain tenet. By following this philosophy, you

will get everything you need done in the proper order.

The path lives in Quadrants 1 & 2. You want to spend the majority of your time doing things that are urgent & important, and important but not urgent. We create our own urgency on the path.

Tasks that are off the path, even if important or urgent, should be done in bulk during the weekly primer so the wanderer has more time on the path. Fragmenting your time on the path disrupts your ability to walk down the path. It is crucial to get everything off the path done in bulk so nothing pulls your Body, Mind, or Spirit(BMS) away from the path.

Some view quadrant 4 as leisure activities, or the pursuit of pleasure, but we do not. We view all quadrants as how they pertain to the path, as well as stepping off the path to handle affairs, not activities that happen at The Inn. This follows the philosophy of adjusting philosophies to serve the wanderer's pursuit of fulfillment on the path of paths(TPP).

Quadrant 4 contains chores like cleaning that, effectively, are not urgent or important pertaining to the path, but when done, help the wanderer progress down the path. Quadrant 4 tasks should be completed along with the weekly primer when the Wanderer is preparing to leave The Inn for the path.

Make a to-do list with sections that follow this structure using whatever technology works best for you. Paper and pen is technology.

We recommend the app [TickTick](#), available on all devices, for your quadrant lists. Create lists based on the quadrants above.

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