

# Leadership

*Creating one from many.*

Leadership means leading oneself and others.

At all chapters of life, you are required to lead yourself. To command yourself, as well as parent yourself. Leading yourself and parenting yourself are related, but not the same.

An ineffective leader cannot lead themselves, or others, while attempting to lead others. An individual who cannot lead themselves cannot lead others.

Elders are often selected as leaders because we assume they have acquired wisdom and experience over their lifetimes. This can be true, but not always. Be wary of the elder who assumes leadership solely because of age, but cannot lead themselves or others effectively.

An elder who assumes a leadership position but cannot manage their emotions, nor carries the best interests of their followers, is an ineffective leader.

There will be times when you lead and times when you follow. Some look down on being a follower; this is because modern leaders have not led effectively, damaging the overarching reputation of leaders. Do not fall into this mental model--do not follow ineffective leaders either.

## **Self-command**

Mammals learn through observation. It is easier to change yourself than it is to force change upon someone else. This is why you must be the change to influence change in others.

If you want to change someone else, make sure you have exhibited this change first so you can be an observed example. It is difficult for a child to feel motivated to read when their parents are watching TV instead of reading. We are all former children. This is important to remember.

You cannot change anyone; you can only show them the way. The best way is with action by setting a good example, as opposed to using words to demand another change to fit what you want from them.

Command yourself by leading yourself forward to fulfillment. Leadership requires leading, which means to go forward.

The path goes forward, where fulfillment is found.

---

Revision #3

Created 2025-12-15 17:12:33 UTC by The Andreia Philosophy

Updated 2025-12-31 05:41:53 UTC by The Andreia Philosophy